



OLLI Gardening Symposium

May 10, 2023

1200 Market Street, UTMB Campus, Galveston, Texas



Artwork by Monica Engeler

www.utmb.edu/OLLI

Osher Lifelong Learning Institute - OLLI at UTMB Health

Learner-Led, College Level Program of Adult Education

College-level seminars open to all 50 years old and over *regardless of background*

No credits, no exams, no grades – just learning for the love of learning...

OLLI at UTMB...

The Osher Lifelong Learning Institute — OLLI at The University of Texas Medical Branch (UTMB Health)— began in 2002 to provide a welcoming learning environment for those 50 and older who are interested learning for the joy of learning. With a grant from the Bernard Osher Foundation, OLLI at UTMB joined a nationwide network of lifelong learning institutes across the country, all devoted to best practices in lifelong learning.

Osher Lifelong Learning Institutes are found on the campuses of 122 colleges and universities from Maine to Hawaii and Alaska. Each provides a distinctive array of non-credit courses and activities specifically developed for its distinct audience. Each is an independently operated lifelong learning initiative of its host-college or university and is supported in part by the Bernard Osher Foundation.



The curriculum at OLLI at UTMB is designed by our members and reflects our broad interests, capitalizes on our unique regional and environmental resources, and utilizes local experts as faculty to enrich the lives of our entire community.

Our members...

OLLI members come from diverse cultures, socio-economic backgrounds, education levels, and locations. Some are island natives, while others come from halfway around the globe. But they are united by their desire to learn.

Our faculty...

As a part of the UTMB Health family, OLLI promotes the benefits staying active—both physically and mentally—have on the body as we age. OLLI instructors include community experts as well as current and retired university professors and healthcare professionals. We also provide UTMB faculty and students opportunities to engage with our members, encouraging intergenerational understanding and building more caring and compassionate healthcare providers of the future.

For more information on membership, course listings and registration,
please visit the OLLI website

www.utmb.edu/OLLI



OLLI Gardening Symposium

Welcome...

OLLI's first ever Gardening Symposium will provide information on a variety of timely topics, presented by some of the area's most knowledgeable authorities. This day-long program will focus on the impacts of Galveston's changing environmental conditions, as well as practical suggestions on how to create an eco-friendly landscape. In addition, all of these presentations will highlight how *YOU* can get involved in Island Garden Culture.

8:00 – 9:00 REGISTRATION, EXHIBIT AREA OPEN

9:00 – 9:15 INTRODUCTIONS & ANNOUNCEMENTS

Back to the Future...

Changes in global climate have resulted in more frequent freezes, higher summer temperatures and drought-like conditions. Also, the increased demand for locally grown fruits and vegetables is changing the way we think about our food resources. Could it be that our past holds answers for the future of gardening here in Galveston? Learn more from this 3-part series that takes us *Back to the Future...*

9:15 – 10:00 Heirloom Plants of Galveston - Don Wilkerson

10:15 – 11:00 Trees for a Changing Environment - Priscilla Files

11:15 – 12:00 Locally Grown for Galveston – Casey McAuliffe

12:00 – 12:45 LUNCH, EXHIBIT AREA OPEN

Bees, Birds and Butterflies...

Urban landscaping styles are continuously evolving to meet ever-changing trends. Today's contemporary designs are much more than carefully arranged trees, shrubs and colorful plant materials. They are eco-friendly habitats that support a wide range of wildlife – with special emphasis on bees, birds and butterflies. Learn how you can incorporate habitat areas into your home landscape during this informative, 3-part series.

12:45 – 1:00 WELCOME BACK

1:00 – 1:45 Pollinator Gardening Basics – Debra Pence

2:00 – 2:45 Creating Bird Friendly Landscapes – Berri Moffett

3:00 – 3:45 Gardening for Butterflies - Christine Anastas

3:45 – 4:00 CLOSING REMARKS - Sagar Kamprath, MD



Meet Our Presenters...

Don C. Wilkerson – Professor Emeritus Texas A&M University, College Station

Don is a retired Horticulturist from TAMU-CS. He has lived on the Island since 2008 and his efforts to assist with Hurricane Ike recovery led to the creation of the Galveston Gardening website, as well as other informational resources. Don works with OLLI to help coordinate educational programs focused on landscape gardening.

Priscilla Files - Executive Director and Senior Arborist Galveston Island Tree Conservancy

Priscilla earned both Bachelor's and Master's degrees in Horticulture from TAMU-CS. In 2010 she assumed the position of Director of the Galveston Island Tree Conservancy. In this role Priscilla, and a dedicated group of volunteers, have led efforts to replace the 40,000 trees lost to the devastating impacts of Hurricane Ike.

Casey McAuliffe – Executive Director, Galveston's Own Farmers Market Owner - Moon Dog Farms

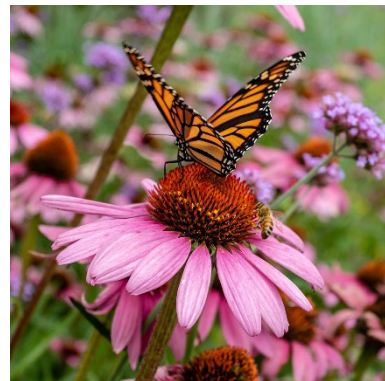
Casey and her husband own Moon Dog Farms, a small vegetable and flower farm in Santa Fe. She also provides leadership for the many programs of Galveston's Own Farmers Market. Her interests focus on food access, food education and the local food economy. Casey's vision is a steward of things that grow — families, small businesses, plants, students, connections between strangers and beyond.

Debra Pence – Certified Texas Master Naturalist Texas AgriLife Extension, Galveston County, TX

Debra has conducted numerous educational programs through OLLI and is one of the area's leading authorities on native plants. She works closely with the Texas Native Plants Society on programs that preserve and protect our valuable natural resources.

Berri Moffett - Conservation Specialist Houston Audubon Society

Berri received a Bachelor of Science degree from Colorado State University. She is committed to Houston Audubon's mission of advancing wildlife conservation via positively impacting their supporting environments. Berri is responsible for managing several of HA's native's nurseries and sanctuaries, as well as conducting a variety of related educational programs.



Christine Anastas – Certified Master Gardener Texas AgriLife Extension, Galveston County, TX

Christine has conducted numerous educational programs through OLLI and has been involved in a variety of butterfly gardening projects – with special emphasis on monarch life cycle, migration and conservation status. She is extremely knowledgeable on the Gulf Coast's role in the complex *monarch journey*, as well as native milkweed and nectar plants in the landscape.

Sagar Kamprath - MD Assistant Professor – University of Texas Medical Branch

Dr. Kamprath earned a Bachelor's of Science from the University of Pittsburgh in Reading, PA and a Doctorate of Medicine from the University of Pittsburgh School of Medicine in Pittsburgh, PA. He is currently a family medicine specialist practicing at UTMB's Family Medicine Clinic in Galveston. His interests include traditional Indian and Japanese medicine, mindfulness, nutrition, as well as the health and wellness benefits of gardening.

Get Gardening Galveston....

Here in Galveston, we have a variety of gardening opportunities that address health and wellness, youth education, quality of life and so much more. No matter if you are interested in fruits and vegetables, landscaping, ecology or the pure joy of working with plants – Galveston offers a number of unique gardening programs and activities for all ages and experience levels. This year's Symposium will feature an Exhibit Area, with information on a number of area groups, agencies and organizations with participation and volunteer opportunities. All in a welcoming environment that encourages everyone to *get gardening...*



Participating Organizations

Galveston's Own Farmers Market

Founded in 2012, GOFM is a non-profit organization dedicated to connecting the community to local foods through year-round weekly farmers markets, food access initiatives, school gardens and health & food education opportunities. GOFM's mission is to build and sustain a local food community through a vibrant, producers-only marketplace, improved food access, and educational programming.

Texas AgriLife Extension

The Galveston County Master Gardener and Master Naturalist Programs are volunteer development programs offered by Texas A&M AgriLife Extension Service. MG and MN candidates receive in-depth training in a variety of subject matter areas. Participants that successfully complete the program provide volunteer support for number of area projects that benefit our community and the environment.

Seeding Galveston

Seeding Galveston, a non-profit, urban farm project, is committed to developing sustainable agriculture on Galveston Island. SG's goal is to help ensure access to healthy, locally grown fruits and vegetables for all Island residents. In addition, Seeding Galveston's is committed to creating urban farms and gardens in previously unused or underutilized public and private spaces on Galveston Island.

Galveston Island Tree Conservancy

In 2008, Hurricane Ike's destroyed over 40,000 trees. The storm greatly impacted many of the benefits that urban forests provide. GITC's volunteer driven goal of planting 25,000 trees over five years will help restore a critical tree canopy to Galveston's streets, neighborhoods and public spaces.

UTMB Gardening Program

This group of students and community garden volunteers are dedicated towards developing a community garden and green space. The goal of this effort is to create an island of beauty, peace and nourishment before and after doctor visits. OLLI at UTMB also has a large community garden lovingly cared for by member volunteers.

International Oleander Society

Galveston, known by many as the Oleander City, is home to the International Oleander Society. The mission of this non-profit organization is to aid in the development, improvement and preservation of Oleanders of all kinds. Many of these efforts are on display at the Betty Head Oleander Garden Park, 2624 Sealy Ave. The garden is maintained by a group of dedicated volunteers.

Houston Audubon Society

HA's Bird-Friendly program promotes a healthy environment that supports birds, provides accessible opportunities for everyone to experience the wonder of birding, and unites our community through a shared appreciation for nature. Volunteers are committed to improving the quality of life for both today and tomorrow's Houstonians.

Galveston Island Nature Tourism Council

GINTC's mission is to connect people with Galveston's natural environment in a manner that will sustain those resources for current and future generations. GINTC volunteers take part in numerous activities including assisting with events, helping conduct research and outreach programs, and much more.



Texas Native Plant Society

Because of its size and geography, Texas is one of the most biologically diverse states, with forests, deserts, mountains, hills, prairies, and coastal plains. The Native Plant Society of Texas wants to protect our state's native plant heritage and preserve it for future generations. NPST is a non-profit organization, run by volunteers, sponsoring educational programs, workshops, demonstration gardens and many other types of projects.



Registration Information

OLLI Gardening Symposium May 10, 2023

**This event is open to both OLLI members and non-members alike
and all age groups are welcomed.**

\$25 All-Day Registration – Box Lunch Included

Register On-line *NOW* by signing in to your

EXISTING OLLI ACCOUNT

CREATE A NEW ACCOUNT

**The OLLI offices, located on the UTMB campus, has free and available parking
and is open Monday through Friday 9am to 4:30pm.**

**[1200 Market Street \(on UTMB Campus\) Galveston, Texas 77555-0972](#)
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