

OSHER LIFELONG LEARNING INSTITUTE (OLLI) AT UTMB

OPEN HOUSE

August 26 - 27, 2025

OPEN TO THE PUBLIC | OLLI membership and registration not required

1200 Market Street, Galveston, TX 77555-0972 | www.utmb.edu/olli

Phone Number: (409) 763-5604 | Schedule subject to change



TIME	August 26 (Tuesday)	August 27 (Wednesday)
8:30 am - 9:30 am	Stronger Seniors Video	Stronger Seniors Video
*9:00 am - 12:00 pm **10:00 am - 1:30 pm	*UTMB Breast Cancer Support Group *UTMB Department of Ophthalmology Vision Screening	**UTMB Breast Cancer Support Group
9:00 am - 3:00 pm	UTMB Chronic Disease Self-Management Programs UTMB Department of Orthopaedics UTMB Division of Pulmonary Critical Care and Sleep Medicine UTMB Sealy Center on Aging OLLI Gardening Group OLLI Gaming Group OLLI Readers Group	UTMB Chronic Disease Self-Management Programs UTMB Department of Orthopaedics UTMB Division of Pulmonary Critical Care and Sleep Medicine UTMB Sealy Center on Aging OLLI Gardening Group OLLI Gaming Group OLLI Readers Group
9:00 am - 10:00 am	Seated Strength Card Making	Beginner Guitar Beginner Pickleball Location: UTMB Field House Tennis Court
9:30 am - 10:30 am	Beginner Guitar	Seated Dance Program Cribbage The Art of Contemplative Practice (Meditation)
10:00 am - 11:00 am	Beginner Crochet	Line Dancing OLLI Radio Theatre Life's stitch! Embroidery
10:30 am - 11:30 am	Tae Kwon Do Keep the Beat! Drumming	
11:00 am - 12:00 pm	Fishing for Beginners & the Experienced Keyboard/Piano Acrylic Art Class Demo	Tango/Ballroom Dance Keyboard/Piano Monkey Fist Knots Beginner French
11:30 am - 12:30 pm	Hula/Belly Dance	Butterfly Beading
1:00 pm - 2:00 pm	Tabata Senior Functional Fitness/Yoga Humanistic Chan Buddhism Bunco Beginner French	Tap Dance Decoupage Oyster Art Demo Mah Jongg Beginning Ukulele Paper Quilling Gentle Chair Yoga
1:30 pm - 2:30 pm	Mosaics 101 The Basics	
2:00 pm - 3:00 pm	Line Dancing Pilates	Zumba Texas Hold 'Em (Beginner Poker)
2:30 pm - 3:30 pm	Jewelry Making Demo Elegant Handcrafted Cards	Beading Class Demo Mat Yoga